



# Stratford

## Dermatherapy Clinic



TREATMENT BROCHURE

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# THE CLINIC

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## DR HUGO KITCHEN

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Dr. Hugo J. Kitchen studied Medicine at Birmingham University Medical School and qualified as a fully registered medical practitioner in 1982.

In 1988 Dr. Hugo Kitchen and Mr. James Kitchen formed the Stratford Dermatherapy Clinic. The Stratford Upon Avon based Clinic has a well deserved reputation as the leading provider of cosmetic and aesthetic treatments in Warwickshire.

Dr. Hugo Kitchen is a specialist in Cosmetic Surgery and Dermatology. Dr. Kitchen has over 25 years experience in advanced non surgical aesthetic treatments and is a member of the British College of Aesthetic Medicine and to date, has performed over 120,000 cosmetic treatments.

Demand is so high that Dr. Kitchen now performs cosmetic beauty treatments from his clinic in Stratford Upon Avon and six other clinics around the UK.

THANK YOU SO MUCH I STILL LOOK LIKE ME, BUT BETTER.

Vicky, Staffordshire

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Dr. Hugo J Kitchen.  
M.B.,Ch.B., M.B.C.A.M.,  
Cert COS.MED.

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## MR JAMES KITCHEN

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Mr James Kitchen is an experienced Aesthetician who also specialises in Osteopathy and Dermatology.

Mr Kitchen has 25 years experience in this field and is a Member of the General Osteopathic Council, The British Osteopathic Association and The American Institute of Medical Aesthetics.

In 2010, Mr Kitchen acquired the Pelleve system for the revolutionary treatment for ageing skin, where it uses focussed Radio-Frequency Technology to tighten and provide a natural lift to tired and sagging skin.

Mr Kitchen has also pioneered the use of the Airgent/Enerjet system in the UK for the treatment of scar tissue and stretch marks.



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Mr. James A Kitchen.  
D.O.M.A.O., M.A.I.M.A.

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25 YEARS  
AESTHETIC  
EXPERIENCE  
AT THE  
FOREFRONT  
OF COSMETIC  
MEDICINE.

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# CONDITIONS

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## Crows Feet/Laughter Lines.

Sun damage, loss of skin collagen, loss of elasticity, ageing, smoking and stress.

## Sagging Skin.

Sun damage, loss of collagen and elastin, ageing process, volume loss, smoking and stress.

## Fine Lines and Wrinkles.

Sun damage, ageing process, loss of volume in face and hands, loss of elastin and collagen, smoking, stress and dramatic weight loss.

## Abnormal Pigmentation/Melasma.

Sun exposure, pregnancy and hormonal skin changes.

## Thread Veins.

In Legs: Pregnancy, hereditary, trauma and obesity.  
On Face: Sun damage, rosacea (hereditary condition), smoking, hormonal changes, menopause and liver damage.

## Wrinkled/Crepy Decolletage.

Sun damage, loss of collagen, loss of elastin, pigmentation and ageing.

## Scar Tissue.

Acne and post-surgical, and self-harming.

## Stretch Marks.

Pregnancy, weight gain or loss and steroid overuse.

## Excess Fat.

Small areas that cannot be removed be removed by diet and exercise.

## Moles, Skin-tags, Warts and Birthmarks.

## Excessive Sweating.

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# TREATMENTS

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## Crows Feet/Laughter Lines.

Botox, Fractional Laser, Microdermabrasion, Pelleve, Skin Peel, Airgent and Dermal Fillers.

## Sagging Skin.

Pelleve, Dermal Fillers, Fractional Laser and Airgent.

## Fine Lines and Wrinkles and Loss of Volume.

Dermal Fillers, Botox, Skin Peels, Microdermabrasion Pelleve, Fractional Laser and Airgent.

## Abnormal Pigmentation/Melasma.

Skin Peels, Fractional Laser, Intense Pulsed Light, Cosmedix and Dermaceutics.

## Thread Veins.

Treatment on Legs: Micro Sclerotherapy and IPL.  
Treatment on Face: Skin Peels and IPL.

## Wrinkled/Crepy Decolletage.

Fractional Laser, Skin Peels, Dermal Fillers and Airgent.

## Scar Removal.

Microdermabrasion, Fractional Laser, Dermal Fillers, and Airgent.

## Stretch Marks.

Cosmedix Skin Peel, Airgent and Pellefirm.

## Excess Fat.

Vaser and Bodyjet Liposculpture.

## Moles, Skin-tags, Warts and Birthmarks.

Fractional Laser and Radiofrequency Surgery.

## Excessive Sweating.

Botox.

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# SKIN CONDITIONS

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Acne.

Rosacea.

Sun Damage.

Abnormal Pigmentation and Melasma.

Ageing Skin.

All of the above can be diagnosed with the aid of VISIA computerised skin analysis and treated with your own unique programme using Cosmedix and Dermaceutics revolutionary skincare products.

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# OSTEOPATHY

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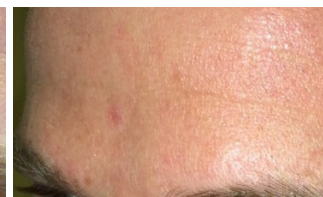
The Clinic specialises in Osteopathic treatments for the commonly occurring conditions, neck-ache, back-ache and headaches. In addition to this, the Clinic also treats all peripheral related joint problems, such as, Tennis Elbow, Frozen Shoulder, Arthritis, backaches due to pregnancy, Equestrian injuries and other sports injuries.

The use of steroidal injections may be considered as well as exercise programmes if necessary.

BEFORE



AFTER



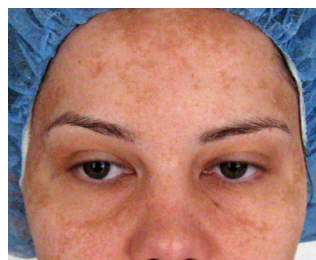
Mole Removal.



Fillers and Botox.



IPL veins.



Melasma.

I AM TRULY THANKFUL, YOU GAVE ME  
SO MUCH FAITH AND CONFIDENCE.

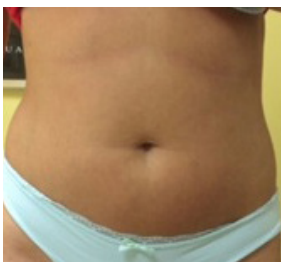




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Pelleve.

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Bodyjet.

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Pellefirm.

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WE DESIGN A UNIQUE PACKAGE FOR  
EACH PATIENT TO ACHIEVE THEIR GOAL

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FOR A FREE CONSULTATION OR  
FURTHER INFORMATION VISIT  
OUR WEBSITE OR CALL

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